What is TBRI®?

✓ Trust-Based Relational Intervention®
  • A holistic intervention developed over the last 16 years
  • A evidence based practice that meets the needs of the whole child
  • An approach to caregiving that is developmentally respective, responsive to trauma, and attachment-based

Why TBRI®?

✓ Based on over 50 years of child development research
✓ Proven successful neurochemical and behavioral change
✓ Offers hands-on, immediate tools for parents and professionals
The Connected Child

Children From “Hard Places”

- Difficult Pregnancy
- Difficult Birth
- Early Hospitalization
- Abuse
- Neglect
- Trauma

Understanding the Brain

- Dr. Daniel Siegel
The Attachment Cycle:

Connecting Principles: Trust, Self-Worth, Self-Efficacy (Attachment)

✓ Engagement Strategies:
  • Attunement
  • Warm Eyes
  • Nurturing touch
  • Voice quality
  • Playful Engagement

✓ Mindfulness Strategies
  • Examining one's own past
  • Mindful Interactions
Mindfulness:

Empowering Principles: Setting the Foundation for Success.

✓ Environmental
  ✓ Scaffolding, Daily Rituals, Transitions

✓ Physiological
  ✓ Hydration, Blood Sugar, Sensory Needs

Sensory Processing Challenges:
Correcting Principles: Behavioral and Social Competence

✓ Proactive Strategies
✓ Responsive Strategies

Proactive Strategies:

✓ Choices and Compromises
✓ Life Value Terms
✓ Sharing Power
✓ Giving Voice
✓ Help kids practice!
  ✓ Giving care, receiving care, negotiating needs, being an autonomous self

Responsive Strategies:

Connected
Content
Changed Behavior
Responsive Strategies:

✓ The IDEAL Response
- Immediate
- Direct
- Efficient
- Action Based
- Leveled at the Behavior, not the child

Responsive Strategies:

✓ Levels of Engagement
  - Playful engagement
  - Structured Engagement
  - Calming Engagement
  - Protective Engagement
TBRI® Training for Families and Professionals:

❖ Four Training Sessions, 6 hours each:
  ❖ Introduction
  ❖ In-Depth Connecting
  ❖ In-Depth Empowering
  ❖ In-Depth Correcting

❖ Offered at The Adoption Exchange
❖ Can be brought to counties, other Agencies, and other states

Thank You!
For more information please contact:

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